



October 2019 Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Chicken Parmesan, Bread, Salad, Fruit	Shrimp Fettuccini, Peas, Bread, Salad, Fruit	Chicken Stew, Bread, Salad, Fruit	BBQ Beef on Bun, French Fries, Lettuce, Pickles, Fruit	
6	7	8	9	10	11	12
	Red Beans, Rice, Chicken Tenders, Biscuits, Salad, Fruit	Spaghetti & Meat Sauce, Bread, Coleslaw, Fruit	Tacos, Spanish rice, Refried Beans, Lettuce, Tomatoes, Fruit	Br. Chicken Patty, Mac & Cheese, Green Bean, Bread, Fruit	BBQ Hamburgers, French Fries, Lettuce, Pickles, Fruit	
13	14	15	16	17	18	19
	<i>Fall Break</i>		Pastalaya, Salad, Bread, Fruit	Sliced Pork, Mashed Potatoes, Gravy, Corn, Bread, Fruit	Brown Gravy Hamburgers, French Fries, Lettuce, Pickles, Fruit	
20	21	22	23	24	25	26
	Red Beans, Smoked Sausage, Cornbread, Salad, Fruit	Chili Mac, Bread, Salad, Fruit	Chicken & Sausage Gumbo, Potato Salad, Bread, Fruit	Baked Chicken, Dirty Rice, Gravy, Corn, Bread, Fruit	MGR SPECIAL - Chili & Cheese Nachos - \$3.00	
27	28	29	30	31		
	Jambalaya, White Beans, Bread, Salad, Fruit	Spaghetti & Meat Sauce, Bread, Coleslaw, Fruit	Meatloaf, Mashed Potatoes, Gravy, Corn, Bread, Fruit	Chicken Stew, Bread, Salad, Fruit		