



# September 2019 Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	LABOR DAY	Chili Mac, Bread, Salad, Fruit	Tacos, Spanish rice, Refried Beans, Lettuce, Tomatoes, Fruit	Chicken Stew, Bread, Salad, Fruit	Brown Gravy Hamburgers, French Fries, Lettuce, Pickles, Fruit	
8	9	10	11	12	13	14
	Jambalaya, White Beans, Bread, Salad, Fruit	Spaghetti & Meat Sauce, Bread, Coleslaw, Fruit	Shrimp Fettuccini, Peas, Bread, Salad, Fruit	Baked Chicken, Mashed Potatoes, Gravy, Corn, Bread, Fruit	BBQ Beef, French Fries, Lettuce, Pickles, Fruit	
15	16	17	18	19	20	21
	Red Beans, Rice, Chicken Tenders, Biscuits, Salad, Fruit	Chicken Parmesan, Bread, Salad, Fruit	Pastalaya, Salad, Bread, Fruit	Crawfish Stew, Bread, Salad, Fruit	BBQ Hamburgers, French Fries, Lettuce, Pickles, Fruit	
22	23	24	25	26	27	28
	Red Beans, Smoked Sausage, Cornbread, Salad, Fruit	Chili Mac, Bread, Salad, Fruit	Meatloaf, Mashed Potatoes, Gravy, Corn, Bread, Fruit	Baked Chicken, Macaroni & Cheese, Green Beans, Bread, Fruit	Brown Gravy Hamburgers, French Fries, Lettuce, Pickles, Fruit	
29	30					
	Jambalaya, White Beans, Bread, Salad, Fruit					