



# January 2019 Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
	Red Beans, Rice, Chicken Tenders, Biscuits, Salad, Fruit	Chili Mac, Bread, Salad, Fruit	Pastalaya, Bread, Salad, Fruit	Chicken Stew, Bread, Salad, Fruit	BBQ Beef on Bun, French Fries, Lettuce, Pickles, Fruit	
13	14	15	16	17	18	19
	Jambalaya, White Beans, Bread, Salad, Fruit	Spaghetti & Meat Sauce, Bread, Coleslaw, Fruit	Shrimp Fettuccini, Peas, Bread, Salad, Fruit	Baked Chicken, Dirty Rice, Gravy, Corn, Bread, Fruit	Brown Gravy Hamburgers, French Fries, Lettuce, Pickles, Fruit	
20	21	22	23	24	25	26
	MLK DAY NO SCHOOL	Chili Mac, Bread, Salad, Fruit	Tacos, Spanish rice, Refried Beans, Lettuce, Tomatoes, Fruit	Chicken Stew, Bread, Salad, Fruit	BBQ Hamburgers, French Fries, Lettuce, Pickles, Fruit	
27	28	29	30	31		
	Red Beans, Rice, Chicken Tenders, Biscuits, Salad, Fruit	Spaghetti & Meat Sauce, Bread, Coleslaw, Fruit	Sliced Pork, Mashed Potatoes, Gravy, Corn, Bread, Fruit	Baked Chicken, Macaroni & Cheese, Green Beans, Bread, Fruit		