

## October 2017 Lunch Menu



| Sunday | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday |
|--------|---|--|---|--|---|----------|
|        | Z<br>Red Beans, Rice,<br>Chicken Tenders,<br>Biscuits, Salad, Fruit | 3<br>Chili Mac, Bread,<br>Salad, Fruit               | <b>4</b><br>Pastalaya, Bread,<br>Salad, Fruit                         | 5<br>Chicken Stew, Bread,<br>Salad, Fruit                  | Brown Gravy   | /        |
| 8      | 9   | 10   | 11  | 12   | 13  | 14       |
|        | Fall Break  | Fall Break   | Tacos, Spanish rice,<br>Refried Beans,<br>Lettuce, Tomatoes,<br>Fruit | Beef Stew w/<br>Potatoes & Carrots,<br>Bread, Salad, Fruit | BBQ Hamburgers,<br>French Fries,<br>Lettuce, Pickles,<br>Fruit  |          |
| 15     | 16  | 17   | 18  | 19   | 20  | 21       |
|        | Jambalaya, White<br>Beans, Bread, Salad,<br>Fruit                   | Spaghetti & Meat<br>Sauce, Bread,<br>Coleslaw, Fruit | Shrimp Fettuccini,<br>Peas, Bread, Salad,<br>Fruit                    | Baked Chicken, Dirty<br>Rice, Gravy, Corn,<br>Bread, Fruit | BBQ Beef on Bun,<br>French Fries,<br>Lettuce, Pickles,<br>Fruit |          |
| 22     | 23  | 24   | 25  | 26   | 27  | 28       |
|        | Red Beans, Rice,<br>Chicken Tenders,<br>Biscuits, Salad, Fruit      | Chili Mac, Bread,<br>Salad, Fruit                    | Meatloaf, Mashed<br>Potatoes, Gravy,<br>Corn, Bread, Fruit            | Chicken Stew, Bread,<br>Salad, Fruit                       | Hot Dogs w/ Chili,<br>French Fries, Fruit                       |          |
| 29     | 30  | 31   |   |  |   | 4        |
|        | Jambalaya, White<br>Beans, Bread, Salad,<br>Fruit                   | Spaghetti & Meat<br>Sauce, Bread,<br>Coleslaw, Fruit |   |  |   |          |